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American Red Cross
Oregon Trail Chapter

ADULT CPR + AED, Certification

The objective of this class is to give individuals in the workplace the knowledge and skills necessary to recognize and provide basic care for breathing and cardiac emergencies with adults, until advanced medical personnel arrive and take over.

Class Content:

- ◆ Learn how to recognize and handle an emergency.
- ◆ Learn how to check the scene for safety and the victim for consciousness.
- ◆ Learn when and how to move a victim from a dangerous scene.
- ◆ Learn when to call and how to interact with Emergency Medical Services (EMS).
- ◆ Learn why and how to apply basic precautions to reduce the risk of disease transmission during and after providing care.
- ◆ Learn how to prioritize care for life-threatening injuries or sudden illnesses.
- ◆ Learn how to check a conscious victim for life- and nonlife-threatening conditions.
- ◆ Learn how to recognize the signals of a heart attack and how to give care.
- ◆ Learn how to care for a victim who is having a breathing emergency.
- ◆ Learn how to give CPR to an adult.
- ◆ Learn the basics of automated external defibrillation (AED), including rationale for early defibrillation and the role of CPR in cardiac arrest situations.

Class Fee: \$40

Certificate Validity: 1 year

Friday, Feb. 17th

8:30 a.m. – 1:15 p.m.

Green-Wyatt Federal Bldg.
1220 SW 3rd Ave., Rm 315
Portland, OR 97204

To register, go to www.oregon.feb.gov

"ReadyFeds" is a program of the Oregon Federal Executive Board
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